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## Risk-free love

Sure, you can ask that babe out on Tinder without them laughing in your face, but is that really a good thing? Metro takes a look at dating's brave new world **PAGE 14**

## MOVE OVER, WONDER WOMAN

THE WORLD'S NEWEST SUPERHERO IS THE BURKA AVENGER, FIGHTING FOR PAKISTANI GIRLS' EDUCATION **PAGE 10**



Karim Butt is delighted to find out the five coffees he intended to buy for his coworkers were already paid for by a Good Samaritan on Wednesday. **KATIE TURNER/METRO**

# Mystery man buys 500 coffees for Calgarians

**Tim Hortons.** Good Samaritan followed in the footsteps of Edmonton man who bought 500 coffees for strangers



**KATIE TURNER**  
katie.turner@metronews.ca

Customers at the Crowfoot Tim Hortons in northwest Calgary received a pick-me-up Wednesday afternoon after a mystery man purchased 500 coffees in an act of goodwill.

Around 11 a.m., store manager Kelli said she was called to the cash register to deal with an interesting request.

Kelli, who asked to withhold her last name, said the

man spent nearly \$900 to give 500 customers a free coffee and requested to remain completely anonymous. Around 1:30 p.m., she said about two-thirds of the tab had been used.

"I don't even know what his name is.... He just wanted to be a Good Samaritan and do what he could to be positive in Calgary and reinforce to people that there are good people out there," she said.

This comes just one day after an Edmonton man did the same thing at a Tim Hortons in the province's capital city.

"I just heard this morning about the Edmonton one and I thought that was amazing but then to have someone come in to this store and want to do it here, again, it just blew me away," said Kelli. "I hope there are lots more Good Samaritans out there

that will do this and I hope it doesn't just stop here."

Customers were also shocked and excited, including Karim Butt who came to buy his coworkers an afternoon caffeine boost and walked out with a tray of free coffees.

"It's my turn (to buy) today, so he saved me \$6!" said Butt.

"That's an amazing idea. I wish I had the money, I would do the same thing."

Stasia Neil said she often experiences small acts of generosity with people buying her coffee ahead of her in the drive-thru but said this was a new level of kindness.

"With everything bad going on in this lovely province, it really is cool."

Follow Katie Turner on  
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Cost-benefit analysis

## Transit priority list deepens rift between aldermen

Ward-based rifts widened between aldermen Wednesday as a city committee shot down a report that prioritized future transit projects based on a controversial cost-benefit analysis.

"I can't imagine a better approach or a more logical approach to make decisions than this analysis here," said Ald. Druh Farrell, whose ward includes the top-rated project on the list — dedicated lanes for bus rapid transit along Centre Street, which sees heavy transit use. That project comes with an estimated \$120 million price tag.

By contrast, a similar but much longer dedicated route for buses to the southeast, known as the SETWAY, ranked dead last on the priority list, largely due to it's being the most expensive project evaluated, with an estimated cost of \$642 million.

Ald. Shane Keating, whose currently transit-starved ward would be served by the SETWAY, said it's unfair to delay the project simply because of its high cost.

"We have to get away from the idea that you're always going to be last because you're too expensive. Every LRT and every system has always been too expensive to start, but because council did it and started, it is now viable and sustainable. The SETWAY will be exactly the same."

Aldermen effectively reached a stalemate, approving no recommendations and punting the matter to a future meeting of council.

ROBSON FLETCHER/METRO



Tim Kitchen, chairman of the Hillhurst-Sunnyside Community Association, addressed the city's utilities and corporate services committee Wednesday. ROBSON FLETCHER/METRO

# Sunnyside residents want better drainage

**'Mismanagement'**  
Full council vote needed to approve action

Residents of Sunnyside and nearby communities pleaded with aldermen Wednesday to fix severe drainage issues many feel threaten the long-term viability of their neighbourhoods.

"You need to be aware that the flooding is due to mismanagement," said Mike Bradfield, who has lived in Sunnyside for nearly 30 years and seen his home flooded "multiple times."

Numerous residents relayed similar stories to the city's utilities and corporate services committee, blaming poor drainage systems and improper operation of floodgates or valves.

Tim Kitchen, chairman of the Hillhurst-Sunnyside Community Association, said his home was flooded this year and previously in 2006 and 2007.

"That's a direct result of operational challenges when it comes to operating those valves," he said.

Kitchen said his and other communities in the northwest want to work with the city to fix the issues quickly, before

another heavy-rain event leaves more homes flooded.

Shannon Bowen-Kelsick of the Tuxedo Park Community Association echoed that.

"When the rainfall is heavy, we watch our sump pump and the only thing we can do is cross our fingers," she said.

Some of the \$170 million in recommended drainage upgrades across the city would alleviate problems in the Sunnyside area, said utilities manager Rob Pritchard.

Aldermen voted in favour of the report outlining those upgrades but it will take a full vote at council to approve any action. ROBSON FLETCHER/METRO

**Sooner, please**

- Increasing drainage service fees by \$1.20 a month would enable \$170 million in drainage upgrades to be completed within 10 years, city staff say.
- Given that it is a "very vulnerable community," one area resident asked the city to complete work in four years, while another suggested a \$20 drainage-fee increase to speed things up even further.

1 NEWS

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## 5 at Folk Fest

The Calgary Folk Music Festival mainstage schedule is stacked with fantastic acts, but there are plenty of other artists worth checking out on the site's smaller stages. Here are five must-see acts:

- **Hayes Carll, Thursday at 7:30 p.m., Stage 4.** This sharp-shooting singer and songwriter from Austin, Texas, has won over many fans during previous visits to Calgary. His witty between-song banter and conservative-baiting songs such as *She Left Me For Jesus* are just a few reasons why Carll is a favourite of critics, fellow musicians and open-minded fans.
- **Minor Empire, Friday at 3 p.m., Stage 5.** Formed in 2010, the Toronto-based world-fusion band has already become a big name. Last year, the septet won a Canadian Folk Music Award for world group of the year for their debut album, *Second Nature*, which blends traditional Turkish melodies, jazz and electronica. Dancing is encouraged, and pretty much unavoidable, during their energetic live shows.
- **Wool On Wolves, Sunday at 11:55 a.m., Stage 3.** Edmonton's Wool On Wolves have been slowly but surely rising up the ranks of Canada's independent music scene. The folk-rock band writes complex, richly orchestrated songs, while making sure not to bury the melody.
- **Grant-Lee Phillips, Sunday at 2:20 p.m., Stage 3.** The mesmerizing voice behind '90s college favourites Grant Lee Buffalo — which enjoyed a few minor alternative radio hits, including *Fuzzy*, *Mockingbirds* and *Homespun* — Phillips has released several solo albums since GLB disbanded in 1999. It's bad enough he's not widely recognized as a great songwriter, but absolutely criminal he's not better known as a vocalist considering he's one of the finest folk-rock singers of the past 20 years.
- **Doug Mutai, Saturday at 12 p.m., Apache Talk Tent.** The Apache Talk Tent was a big hit when it premiered at last year's festival, and Calgary stand-up Doug Mutai's set should attract a big crowd. The comic is considered one of the city's best young stand-up talents.

LISA WILTON/FOR METRO

# Flooding fails to fold Folk Festival

**33rd year.** Prince's Island Park bends but doesn't break, with venue set to host music lovers once again

LISA WILTON  
calgary@metronews.ca

There wasn't much Kerry Clarke could do but watch as last month's flood waters swallowed up a huge portion of Prince's Island Park.

The Calgary Folk Music Festival's artistic director was understandably concerned about how the extensive damage on the island would affect this year's event, but she was cautiously optimistic the show would still go on.

"We rode the roller-coaster ride as best we could," says Clarke.

"It's been more stressful than usual."

But after a month of intense work by the City of Calgary's Parks and Recreation team — as well as a one-day volunteer cleanup that saw 250 people turn out — Prince's Island Park is in decent enough shape to hold the 33rd annual Folk Fest.

Unfortunately the festival lost two stages on the island, but it was able to add a new one in Eau Claire Market.

"There are areas of the park that are a no-go zone and that will change navigating the site," Clarke says.

"There have also been some programming changes.... We made the family



From left: Kerry Clarke, Matt Olah and Sara Leishman on Wednesday, prepping for this weekend's Calgary Folk Music Festival. CANDICE WARD/FOR METRO

## Need-to-know

- The Calgary Folk Music Festival kicks off Thursday and runs until Sunday at Prince's Island Park. For lineup information and up-to-date news, go to [calgaryfolkfest.com](http://calgaryfolkfest.com)
- This year's headliners include Creedence Clearwater Revisited, World Party, Steve Earle, M. Ward, Alabama Shakes, Kurt Vile and Thievery Corporation.

a bit more compact so we don't have the climbing wall this year and the arti-

san market is moved to inside Eau Claire Market for this year."

Clarke says both artists and pass-holders have been patient with festival staff as they've sorted out the new logistics.

"People kept buying tickets after the flood," she says. "And we tried to communicate with everyone as best we could."

The Calgary Folk Music Festival is an annual tradition for many Calgarians, and the importance of it going ahead after the flood displaced so many isn't lost

on Clarke.

"I think people are in the mood to get together and get a break from flood woes, so hopefully we provide that," she says.

"It's always a festival of discovery with amazing music (and comedy) that's very community-based. Calgary has shown itself to be a city where community comes together and supports each other and the festival will be a microcosm of that."



Doug Mutai  
CONTRIBUTED



Grant-Lee Phillips  
CONTRIBUTED



Hayes Carll  
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With the flood recovery well underway, some in Calgary see an opportunity for businesses to spring up to handle the reconstruction efforts. METRO FILE

# 'There's good money to be made'

**Opportunity.**  
Business plans form around flood cleanup



**JEREMY NOLAÏS**  
jeremy.nolais@metronews.ca

There are paying jobs aplenty for people willing to roll up their sleeves and get dirty amid Calgary's massive flood cleanup and inevitable rebuild.

"A Helping Hand Staffing Agency needs 15 people to work 12-hour shifts ... this position is paid cash daily," reads one posting on Kijiji.

Elsewhere, Calgarians like Scott Stolee are putting their future plans on hold and going into the basement-restoration business. He was supposed to begin a masters of international public policy at Ontario's Wilfrid Laurier University in the fall, but is hoping to defer for a year.

"We know there's going to

be a lot of shady, fly-by-night operations that come in here," Stolee explained earlier this month while finalizing plans to launch a business with a friend.

"We've got a connection to the city, and my future business partner is the most meticulous perfectionist I know. So I know we're going to do a quality job. There's good money to be made doing honest, quality work."

Stolee's claims about shoddy work have been echoed by the Better Business Bureau serving Southern Alberta. The organization has said to watch out for "storm chasers" — individuals that flock to cities in the wake of mass catastrophes, taking deposits from trusting homeowners and then perform only shoddy repairs or none at all.

City of Calgary flood-recovery director Gord Stewart said the rush to rebuild could draw some workers away from projects already underway pre-flood and drive up the cost of construction materials.

He wasn't aware of any mu-

## Cash for labour

Business seems even better for those on Calgary's Cash Corner, a one-block section of Centre Street South where employers often roll by and round up a group of construction workers for the day.

- "I did some flood work last week," said a man who would only identify himself as Ricardo. "If there's work to be done, we're here and willing to do it."

municipal projects yet but said it's likely further evaluation would need to be done on some budgets.

"In the trades, in the electrical (and) mechanical, I think that's the area where there may be risk for material and labour shortages and that could affect future prices," Stewart said.

## Mental health

### Counsellor offering free session for flood victims

Calgary's emergency situation may be long over following extensive flooding last month, but one local therapist says the crisis may be just beginning for many victims — which is why she's offering free help.

Just a few days after flooding hit Calgary, Christine Forner began looking for space in the city where she could hold a free seminar, knowing people would need help coping.

"I'm a born-and-raised Calgarian. I don't really have the ability to go out and help dig people out but I have the ability to do this," said Forner. "I have the ability to help people move through healthy emotions."

Forner is the owner and lead therapist with Associated Counselling and specializes in traumatic stress.

The session will run July 26, 7 to 8 p.m. at SAIT in the Orpheus Theatre. Email [cf.associatedcounselling@gmail.com](mailto:cf.associatedcounselling@gmail.com) to register.

KATIE TURNER/METRO

## Calgary streets. Plan for reducing collisions shelved until September



The scene of the Feb. 20 collision that killed pedestrian Wong Shuk Yee. METRO FILE

After winning support for an urgent motion on pedestrian safety earlier this year, Ald. Gael MacLeod was disappointed to see her colleagues defer the matter on Wednesday.

"One of the things I really want is to get this out in public," MacLeod said, holding up a copy of the 66-page report prepared by police and city staff, whom she applauded for going above and beyond what she had initially asked them to do in March.

MacLeod requested a report on improving pedestrian safety following the death of Wong Shuk Yee, who was

struck by two vehicles at a northwest intersection on Feb. 20.

Staff responded with a report titled Calgary Safer Mobility Plan: 2013-2017, which outlines a number of measures to reduce collisions in general, not just between pedestrians and vehicles.

But at the end of a busy meeting Wednesday, aldermen hastily deferred the plan to September.

MacLeod voted against the deferral, saying afterward it will be a tight squeeze fitting it into the September agenda as well. ROBSON FLETCHER/METRO

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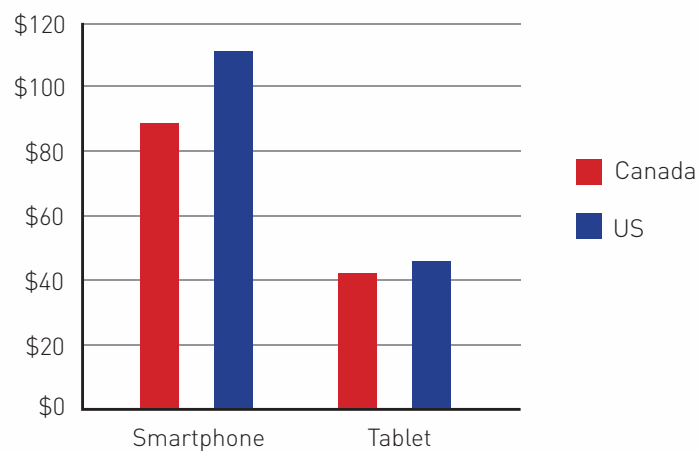
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(1) As of July 17, 2013, based on rates for similar packages published by the three largest Canadian and two largest US carriers for the following devices: Samsung Galaxy S4, iPhone, BlackBerry Z10, Samsung Galaxy Tab, and iPad.

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## No damage reported. Tornado touched down, says Environment Canada

Environment Canada reported a storm producing a tornado that reportedly touched down in Okotoks, near the airport in that community.

The storm that produced the tornado was travelling southeast at 20 km/h, Environment Canada said. They continued their tornado warning for the area as of 4:56 p.m. Thursday. The warning ended 26 minutes later at 5:22 p.m.

Residents in the area told Metro they didn't see any-

### We've been warning you

- The city has been under severe thunderstorm warnings all week, with some areas of the city pounded by heavy rain and hail.

thing and upon inspection there was no damage, they said. Reports indicate that a airplane pilot reported the touch down to environment Canada. **METRO**

### Northwest Calgary

## Man arrested after numerous breaches

Police have arrested a man in northwest Calgary after officers allege that he breached several release conditions.

Michael Andrew

Onischuk, 25, was arrested around 4 p.m. Tuesday and charged with numerous breaches of court orders and dangerous driving.

Onischuk was initially arrested in January on outstanding warrants relating to a Jan. 7 home invasion in Dover. In relation to that incident, he was accused of robbery, assault with a weapon and breach of probation. **METRO**

# Public art for pause unveiled in East Village

## The Field Manual.

Three Calgary artists brighten up RiverWalk

CANDICE  
WARD

calgary@metronews.ca

For the next two years, residents and passersby of the East Village will be greeted by giant hand sculptures, bright and colourful paintings and digital art, lining the riverfront.

Over the last nine months, local artists Ivan Ostapenko, Daniel J. Kirk, and Kai Cabunoc-Boettcher, have been collaborating on the new installation called The Field Manual: A compendium of local influence, which was unveiled Wednesday afternoon.

"This was designed to represent the past, present, and future of the East Village," said Kirk. "It's a look at where we have been and where we are going."



Local artists Ivan Ostapenko, Daniel J. Kirk, and Kai Cabunoc-Boettcher, unveil their completed work of art in the East Village on Wednesday. CANDACE WARD/METRO

### By the numbers

# 1,000s

Thousands of man hours went into the creation of this installation.

The artists worked together under the umbrella of art collective Light & Soul, and are hoping people take the time to stop and enjoy their work.

"We wanted to create a sense of pause," said Kirk.

The project includes nine different pieces, three scul-

tures, three bridge abutments, a storage building and two outdoor bathrooms.

The unveiling took place a month behind schedule because of the area being flooded, but water didn't damage any of the work that had been created up until that point.

# Alberta man thinks he can get wife on board with move to Mars

It's a mission to Mars, but it doesn't include a return ticket and one Alberta man said that's OK with him.

Lloydminster oil and gas worker Paul Kroeker said he found the Mars One project's website browsing online and immediately thought it would be a great experience.

"It's a chance to do something really important for the future of the human race," Kroeker said via email.

The project intends to establish a colony on the red planet, meaning any trip there would be a one-way voyage.

Kroeker said that's a concern, but he thinks as long as the company plans for it, they will be ready for anything. He said his wife is less than impressed with the plan but



An Alberta man is among the more than 70,000 people worldwide who have applied to be part of the Mars One project. BRYAN VERSTEEG/THE ASSOCIATED PRESS

he thinks he can change her mind.

"She will just have to join me. I understand land is cheap there," he said.

Kroeker isn't the only Albertan looking skyward. Cassandra Kirk, a 20-year-old Grant MacEwan student, has applied for the Axe Apollo program. The body spray com-

pany plans to send 22 people into low-earth orbit as part of a contest.

She said she looked at the Mars One mission, but she ultimately couldn't stand the idea of leaving her family behind.

"I would love to go to Mars, but just not on a one-way trip."

RYAN TUMILTY/METRO IN EDMONTON

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with one of our perfectly fitted, custom made suits. With BMV, our superior quality and fit often costs so much less, yet fits so much better.” ~ BMV's Director and Lead-cutter.

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## By George, we're famous! Royal baby shines light on Prince George, B.C.

What does Prince George think of Prince George?

"Well there's always excitement around a new baby, especially one that shares your name," said Shari Green, mayor of Prince George, B.C.

On Wednesday, the Duke and Duchess of Cambridge announced their newborn son would be named George Alexander Louis — or just Prince George to his friends.

Green said the royal bump couldn't come at a better time.

"We're celebrating 100 years in city, 25 years of the

university ... and hosting the Canada Winter Games," she said.

The mayor will be extending a formal invitation to the Cambridge trio for the festivities. City staff are also preparing a care package for the royal tot — including a "little onesie with Prince George on it," she said.

Green was thrilled to win out over a local rival.

"The mayor of Prince Rupert I'm sure is a little bit disappointed today," she joked.

LUKE SIMCOE/METRO ONLINE

### Another show added

## Chris Brown not cowed by protests

Controversial musician Chris Brown is adding another Canadian show to his summer tour, despite protests from groups in cities hosting his concerts.

Drop Entertainment

Group announced Wednesday that Brown will headline the Hot Summer Blast Festival in Saint John, N.B., on Sept. 1. Brown is also performing in Toronto, Winnipeg and Halifax, which have seen opposition against the musician for pleading guilty to assaulting R&B singer and then-girlfriend Rihanna in 2009. **THE CANADIAN PRESS**

# Burka Avenger fights for girls' education

**Pakistan.** Cartoon sees superheroine fight to keep girls' school open

Wonder Woman and Supergirl now have a Pakistani counterpart — one that shows a lot less skin.

Meet the Burka Avenger: a mild-mannered teacher with secret martial-arts skills who uses a black burka to hide her identity as she fights local thugs seeking to shut down her girls' school.

Sadly, it's a scenario Pakistanis are all too familiar with. The Taliban have blown up hundreds of schools and attacked activists because they oppose girls' education.

Action in the Burka Avenger cartoon series is much more lighthearted. The bumbling bad guys evoke more laughter than fear and are no match for the Burka Avenger,



A Pakistani schoolgirl outside her classroom in a poor neighbourhood on the outskirts of Islamabad. MUHAMMED MUHEISEN/THE ASSOCIATED PRESS

undoubtedly the first South Asian ninja who wields books and pens as weapons.

The Urdu-language show is the brainchild of one of Pakistan's biggest pop stars, Aaron Haroon Rashid, who conceived of it as a way to emphasize the importance of girls' education and to teach

children other lessons, such as not discriminating against others.

The main bad guys are Vadero Pajero, a corrupt politician, and Baba Bandook, an evil magician meant to resemble a Taliban commander.

THE ASSOCIATED PRESS

### Dressed to repress?

## Burka brings controversy, but imagine spandex

The decision to clothe the superhero in a black burka — a full-length robe commonly worn by conservative Islamic women in Pakistan and Afghanistan — could raise eyebrows because some view the outfit as a sign of oppression.

Rashid said he used it to give a local feel to the show.

"Since she is a woman, we could have dressed her up like Catwoman or Wonder Woman, but that probably wouldn't have worked in Pakistan," said Rashid.



It has been a trying time for Albertans since the devastation of the floods in June. Many people have been displaced from their homes and many have lost everything.

During times of devastation, Southland Transportation looks for opportunities to help in any way we can, and the floods of Alberta were no exception. The amount of people willing to help perfect strangers in need solidified our resolution that we are one and nothing can bring us down. Southland is proud to be a part of this resilient community and call Alberta home. We'd like to thank Albertans for being who you are and allowing us to lend a hand in our mission to get everyone *Safely Home*.



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## PM no Twitter twit, so who writes his tweets?

### Harper in 38th place.

When it comes to 140 characters, Obama and the Pope are well ahead of him

wait for it ... 38th place.

It says Harper has more than 357,000 followers — well behind the 33.5 million of U.S. President Barack Obama and Pope Francis, at 7.2 million.

The Twiplomacy study was conducted by the New York-based firm Burson-Marsteller.

"Prime Minister Harper was the fourth world leader

to sign up to Twitter in July 2007 in the footsteps of @BarackObama," its report says.

"However, he only started to tweet in September 2008.

"Although the tweets are written in first person he rarely writes the tweets himself."

The prime minister's staff won't reveal who actually does the tweeting.

THE CANADIAN PRESS

## Manure attack. Will this lawsuit pass smell test?

The use of chicken manure to deter a homeless encampment is causing a new stink for officials in Abbotsford, B.C.

Several homeless people plan to launch lawsuits.

They claim compensation after their property was lost or damaged when the excrement was spread over their campsite. They also accuse police officers of damaging tents and pepper-spraying belongings.

"They need a kick in the (butt) to get moving and that's what we're doing," said Doug Smith, who plans to file a small-claims lawsuit over the destruction of his tent.

After the manure-spreading incident became news last month, Abbotsford's mayor apologized and said the city was "committed" to repairing its relationship with its homeless population.

THE CANADIAN PRESS

## Wartime. Boy's poignant plea to live on in bronze

The City of New Westminster, B.C., is just an outstretched hand away from memorializing in bronze a famous Second World War moment.

It plans to create a bronze of the photo Wait For Me, Daddy, showing a child breaking away from his mom to reach out to his father who was marching off to war.

The bronze will be placed at the spot where the picture was taken in the city on Oct. 1, 1940.

THE CANADIAN PRESS



### Residential schools

#### Student tells of 'lost childhood'

Ex-student Flora North-west told the Truth and Reconciliation Commission that religious officials ruined her childhood.

They took her from her parents, cut her hair and forced her to speak English, she told the commission, which is hearing from residential school survivors in Hobbema, an Alberta community wracked by the drug trade and deadly gang violence.

THE CANADIAN PRESS

### Collision with truck

#### Two riders killed on cycle tour

Two cyclists on a cross-country group tour are dead after a collision on the Trans-Canada highway north of Lake Superior.

Police say 25 cyclists were travelling eastbound on the highway west of Nipigon, Ont., when two of them were struck by an eastbound pickup truck.

The group had set out from Vancouver last month on a Tour du Canada ride.

THE CANADIAN PRESS

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Elder Walter Cooke, right, conducts the opening prayer for premiers from across the country and National Aboriginal Organizations leaders during a meeting in Niagara-on-the-Lake, Ont., Wednesday. AARON LYNETT/THE CANADIAN PRESS

## Premiers call for inquiry into missing aboriginals

**Vanishing women.** 582 cases documented over the past 13 years: Native Women's Association

Provincial and territorial leaders threw their support Wednesday behind a national public inquiry into missing and murdered aboriginal women

and girls, ramping up the pressure on Prime Minister Stephen Harper to follow suit.

There was support for an inquiry among the premiers who met with aboriginal leaders Wednesday before the Council of the Federation meeting, said Ontario Premier Kathleen Wynne, who will chair the premiers' summit on Thursday.

She said violence against

aboriginal women is an important issue that has touched every Canadian jurisdiction and is extremely important to all the leaders who attended the meeting.

Alberta Premier Alison Redford and Newfoundland Premier Kathy Dunderdale were absent from the meeting, but both later went on record as supporting its outcome.

THE CANADIAN PRESS

## Northwestern Spain. Train derailment leaves at least 40 dead, dozens injured

A passenger train derailed Wednesday night on a curvy stretch of track in northwestern Spain, killing at least 40 people caught inside toppled cars and injuring more than 140 in the country's worst rail accident in decades, officials said.

Bodies were covered in blankets next to the tracks and rescue workers tried to get trapped people out of the train's cars, with smoke billowing from some of the wreckage. Some passengers

were pulled out of broken windows, and one man stood atop a carriage lying on its side, using a pickaxe to try to smash through a window. Images showed one car pointing up into the air with one of its ends twisted and disfigured, and another severed in two.

The president of the region of Galicia where Santiago de Compostela is the capital said at least 40 people died. But the president of Galicia's main court was quoted as saying 56 died. THE ASSOCIATED PRESS



Emergency personnel respond to the scene of a train derailment in Santiago de Compostela, Spain, Wednesday. ANTONIO HERNANDEZ/THE ASSOCIATED PRESS

### Aboriginal experiments

#### Finding sparks national rallies

Rallies are planned across Canada Thursday to draw attention to experiments performed on aboriginals, and to demand the federal government release all documents that could reveal other such abuses.

Researchers in the 1940s knew the people they were studying were hungry, but instead of advocating they be better fed, they chose to use them to test the effects of different vitamins and minerals. THE CANADIAN PRESS

### Tablet tussle

#### Google unveils new Nexus 7

Google is betting consumers will pay slightly more for a sleeker, more powerful version of its Nexus 7 tablet as the Internet company escalates its rivalry with Apple and Amazon.com in technology's key battleground — the mobile computing market. THE ASSOCIATED PRESS

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# Mom's more plugged in than you think

**Social media.** Far from being tech-challenged, demo ranks among 'most social consumers you'll meet,' report says

Forget the outdated stereotype of the tech-illiterate soccer mom. Twenty-first-century moms are increasingly becoming

one of the most digitally savvy cohorts in Canada, according to a recently released report backed by data from measurement firm comScore and online surveys.

The 2013 Canada Social Mom report, published by the parenting website BabyCenter, calls today's plugged-in moms "the most social consumers you'll meet."

The report suggests 93 per

cent of Canadian moms who use the Internet are logging into social networks every month. Tablet ownership among moms was up nearly 100 per cent in the past year. And mothers were found to be two and a half times more likely to prefer checking social media feeds on a smartphone.

Researchers have been watching Canadian moms dramatically increase their Inter-

net usage for years now, but preconceptions that they're not interested in technology remain, said Gagan Sharma, research director for Mom Central Consulting, which has offices in Toronto, Boston and New York. "(We) still find there is that perception where people don't understand that moms are actually leading the charge in a lot of ways," Sharma said.

THE CANADIAN PRESS



Despite the fact that moms are heavily engaged online, preconceptions that they're not interested in technology remain, researchers say. ISTOCK

## Music to foodies' ears. Live Nation will stick to locally sourced food at U.S. venues

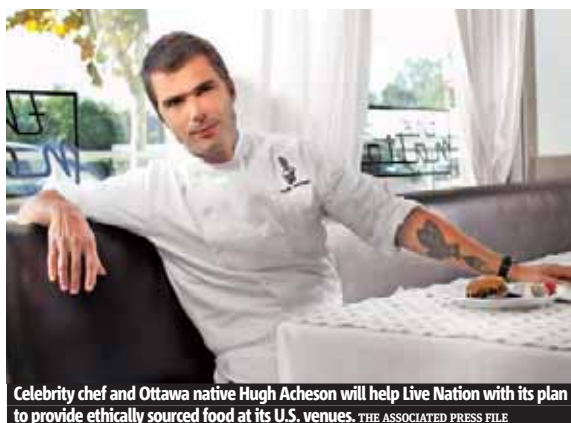
Concert promoter Live Nation is overhauling its U.S. concessions to serve only local produce and humanely-raised meats.

Starting this week, all produce served at Live Nation's 38 amphitheatres around the U.S. will be sourced from within roughly a 100-mile radius (about 160 kilometres) of each venue. Additionally, all meats will carry either Certified Humane, Global Animal Partnership or Animal Welfare Approved certification.

The change will cost the company about an extra \$1 mil-

lion US a year, but concertgoers won't see that reflected in food or ticket prices, says Live Nation CEO Michael Rapino. He believes the goodwill generated by serving better food and supporting local farms will be compensation enough.

The company has brought on celebrity chef Hugh Acheson as a consultant to help guide the changes. Acheson, an outspoken proponent of local and sustainable agriculture, is best known for appearances on Bravo's Top Chef and Top Chef Masters. THE ASSOCIATED PRESS



Celebrity chef and Ottawa native Hugh Acheson will help Live Nation with its plan to provide ethically sourced food at its U.S. venues. THE ASSOCIATED PRESS FILE

## We're helping Albertans affected by flooding get back on their feet.

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We are also developing realistic plans to help prevent future flood damage.

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*Alberta* Government

### Wireless market

#### Don't give Verizon special treatment, Rogers CEO says

Big U.S. carriers like Verizon shouldn't be allowed to buy new Canadian wireless firms at discount prices while the big domestic carriers are barred from the same opportunity, the CEO of Rogers said Wednesday. Rogers welcomes competition but wants a level playing field, Nadir Mohamed told analysts. THE CANADIAN PRESS

### Market Minute



**DOLLAR**  
96.94¢ (-0.29¢)



**TSX**  
12,672.30 (-73.08)



**OIL**  
\$105.39 US (-\$1.84)



**GOLD**  
\$1,319.70 US (-\$15)

**Natural gas:** \$3.70 US (-4¢)  
**Dow Jones:** 15,542.24 (-25.50)



# DON'T LIKE YOUR DATE? DELETE IT!

Is dating shrinking?

I feel like dating has gotten smaller, with less weight and consequence. The Book of Love has become a pamphlet.

I've been pondering what I've been pondering with my Brain because recently I discovered a smartphone dating app called Tinder, which condenses relationship hunting to its smallest, shallowest form.

Unlike other dating sites that get bogged down in details like what the person is like or whether they can speak English, Tinder just focuses on what you need to know: name, age, location and looks. If it's good enough for your passport, it's good enough for your soulmate.

And many Tinder users conveniently add photographs that focus on areas below the neck, in case you're not a face person.

There is room to write a bio, but the box is barely big enough for a cigarette warning. If you like the person, you swipe to the



HE SAYS

**John Mazerolle**

metronews.ca

right. If you don't, to the left.

Essentially it's Goldilocks and The Three Bears if Goldilocks had grown up to be a player: Not hot enough! Too hot! Just right. Check!

There are all types on Tinder, but a typical woman on the site is a 22-year-old named Lauren (I swear, every fourth one is Lauren) who has a small dog, friends she poses with at clubs, a tendency to get a leg up when she takes selfies, and an inspirational quote that makes sense about 35 per cent of the time. ("Life is just in-between reality and fantasy, so love.")

If two people like each other, the app opens a chat window and you can start planning your wedding. If either person chooses "Nope," then neither side is the wiser.

Tinder removes all the depth from online dating, which is a bit like removing all the nutrients from a Twinkie or cutting the substantive scenes from a Michael Bay movie.

But I still kind of like it. I know the gut reaction is to cry out

about how shallow the app is, but whatever — most deep relationships start in the shallow end, and if two people just want to fool around in the pool, laughing at Danger in the face, more power to them. My only issue — and what made me think about dating's shrinking act — is that there is no risk on Tinder. The app lets you approach the most beautiful woman within 100 miles, and she can't laugh in your face. She can screenshot you to Instagram, sure, but it doesn't have quite the same impact.

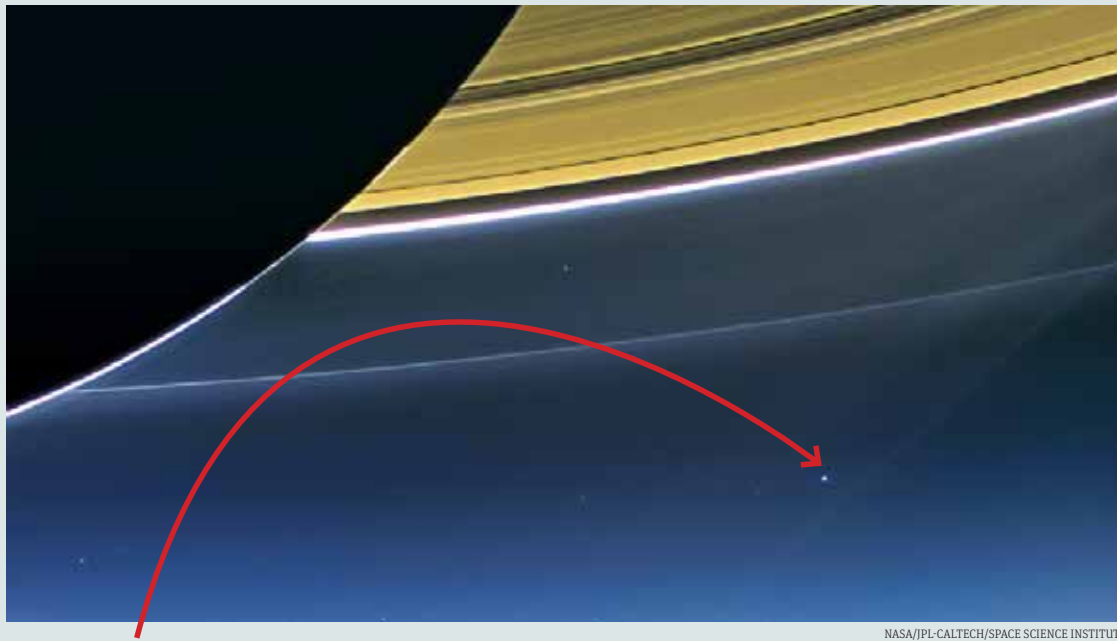
I remember how BIG dating seemed when I was in my early 20s. Asking someone out was an enormous mountain to climb — a difficult task when your palms are sweaty and you're hyperventilating.

So what's it like for a young person now? How do relationships feel when so many are started online, before you're as jaded as a 30-something? I'm not judging. I'm genuinely curious.

Once I dreamed of putting my hand on the cheek of a beautiful woman, like Romeo and Juliet. Now I swipe my thumb across her face. Dating may be shrinking, but these are big thoughts for Lauren and I to consider. We're going to be very happy together. Not her dog, though. I swiped it left.

## ZOOM

### Your hair looks great, from Saturn



NASA/JPL-CALTECH/SPACE SCIENCE INSTITUTE

#### Cassini spacecraft snaps our planet

NASA has released a rare image of Earth and the Moon taken by a spacecraft orbiting Saturn. In the picture by NASA's Cassini spacecraft, the planetary objects, shining as bright beacons from millions of kilometres away, appear as mere dots — Earth a pale blue and the moon a stark white, visible between Saturn's rings. **METRO**

#### Photo op



"It thrills me that people worldwide took a break from their normal activities to go outside and celebrate the interplanetary salute between robot and maker." Carolyn Porco, Cassini imaging team lead at Space Science Institute

#### Public waves from grand distance

The photograph made on July 19 marked the first time people knew in advance that their long-distance picture was being taken. The public was asked to wave at Saturn after finding the ringed planet in their part of the sky, in an event scientist and Cassini imaging team leader Carolyn Porco described as an "interplanetary cosmic photo session." **METRO**

#### Long shot

### 1.5 billion

kilometres is the distance from Earth that NASA's Cassini spacecraft captured the colour images from its perch in the Saturn system.

#### Clickbait



**ANDREW FIFIELD**

andrew.fifield@metronews.ca

So, has last week's Sharknado frenzy left you frothing for more laughably awful dialogue and wilfully dodgy special effects, all served up with a sly wink? Luckily, Netflix has your back with these available-to-stream gems.

#### Student Bodies

A merciless parody of early slasher flicks starring *The Breather*, a faceless killer with a MacGyver-like mind for improvising murder weapons used to dispatch a selection of standard-issue pretty '80s studs and ladies. Agonizingly hilarious, it was *Scream* before *Scream* existed.

#### Rubber

Robert the sentient air tire goes rogue, leaving a bloody trail of high-concept

deaths across the Mojave Desert. It's as absurd as it sounds.

#### Tremors 2: Aftershocks

*Tremors* was an instant classic, and if you think otherwise then I invite you to bounce a basketball across the film's Nevada setting. And while the sequel is one depressing degree removed from Kevin Bacon, the giant subterranean carnivorous worms pose just as big a problem as always.

#### Letters

The Conservative government's mismanagement of the North has made its cost of living soar and caused shortages of basic services, hurting families and jeopardizing the economic potential of the region. His bungling of adjustments to the federally-funded Nutrition North program has sent food prices skyrocketing, some reportedly as high as 250 per cent.

Grossly inadequate housing has left too many without a place to live.

Too many communities still lack access to fast, reliable Internet service, undermining business development and skills training. And a lack of basic health and mental

health services is undermining the foundations of communities — the very basis of their prosperity.

With bountiful natural resources and a quickly growing population, the North is building a strong economy. Yet its full potential cannot be realized if families cannot afford healthy food, cannot find a place to live and cannot get the supports they need.

Mr. Harper needs to be more than a tourist when he visits the North for his annual Arctic photo op later this summer.

**Yvonne Jones, MP**  
Liberal Party of Canada Northern Development Critic  
Mary's Harbour, N.L.

**WE WANT TO HEAR FROM YOU:**

Send us your comments: [calgaryletters@metronews.ca](mailto:calgaryletters@metronews.ca)



# Sweet-ing it out for a few guffaws at Just for Laughs

## Derek Sweet.

Comedian and wife screamed down the street like crazy people when they found out the good news



**BACKSTAGE PASS**  
Lisa Wilton  
calgary@metronews.ca

Derek Sweet was so excited when he got the news he'd been invited to this year's Just For Laughs Festival, it's a wonder he didn't crash his car.

"I literally dropped the phone and started screaming," says the Calgary comedian. (And before you get your panties in a knot about distracted driving, his wife was at the wheel.)

"My wife was like, 'WTF?' and I yelled, 'I'm going to Just For Laughs.' Then she started screaming too. We were both cruising down the street looking at each other and yelling."

Though he may have got a few strange looks from fellow motorists, Sweet's reaction is completely normal considering the importance of the annual Just For Laughs



Stand-up comedian Derek Sweet from Calgary is among the country's best up and coming comics competing in the Homegrown Comedy Competition at Just For Laughs in Montreal on Friday. HANDOUT

Festival to the world of comedy.

Founded in 1983 as a two-day Francophone event in Montreal, Just For Laughs has grown into the world's largest comedy festival and has launched many stand-up and sitcom careers during its 30-year existence.

"It's a pretty huge deal," says Sweet, who is competing in the festival's Homegrown Competition on Friday night.

"They can call it a contest all they want, but for me it's an amazing opportunity to travel to Montreal for the first time and perform for a bunch of people that might otherwise never get the opportunity to see me."

Sweet will get to perform at another showcase on Saturday if he places first or second in the competition.

The Homegrown event is the festival's only judged contest and has helped raise the profile of other Calgary comics such as Ryan Belleville, Matt Billon, Trent McClellan and Allyson Smith in the past.

Sweet is the first local stand-up comedian to compete for the Homegrown prize in several years.

"I'm definitely sticking to the jokes I already know work well," says Sweet, who started doing comedy five

### Get more Sweet

- Sweet and fellow Calgary comic Cory Harding host and sometimes perform at the weekly "dark 'n' dirty" comedy night called Going to Hell Sundays at Juliet's Castle, 440 - 16 Ave. N.E.
- You can catch Sweet at this fall's YYComedy Festival opening for Ryan Belleville on Sept. 11 at the Loose Moose Theatre.
- To watch footage of Sweet's stand-up routines, go to dereksweet.com

years ago after realizing his dream of becoming a professional musician would never pan out.

"I have selected bits that have worked everywhere I've performed, from Vancouver, to Halifax, to small-town Alberta. I will definitely be talking about my penis for at least one minute, so there's that. I find that some bits work geographically, while other jokes work everywhere, so having never performed in Montreal I am going with what I know works for almost any audience."

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# Jackman's keeping the wolf from the door



Hugh Jackman in a scene from *The Wolverine*. AP PHOTO, 20TH CENTURY FOX

## Was Jackman a comic book fan prior to playing Wolverine?

"I really had no idea about X-Men, about its reach or size or passionate fans. I certainly knew afterwards. Being on a Hollywood set is very different than getting

work in Australia. I remember being quite nervous to begin with. When I did my audition they were already a week into shooting."

**The Wolverine.** Aussie star is back and darker than ever in the latest instalment of the comic book hero's big screen adventures

MATT PRIGGE

Metro World News in New York City

Hugh Jackman is a song and dance man, who regularly pops up in stage musicals and, with *Les Misérables*, film musicals, too. He's even starred in Hugh Jackman... *One Night Only*, a one-man show of show tunes and recollections he will be bringing to L.A. this fall. But to most, he's *Wolverine*, the decidedly un-exuberant, brooding mutant of the X-Men franchise. Having explored his origins in the first solo *Wolverine* film from 2009, he put back on his claws and his pissy stare for *The Wolverine*, a spin-off that finds his anguished asskicker considering mortality while fighting ninjas, robot samurai and a she-lizard in Japan. Hugh took time from his busy schedule to chat with Metro.

**I heard you were a big fan of the Chris Claremont and Frank Miller run from the early '80s, on which this was based.**  
I read that during the first X-Men and I always thought that was a great basis for a

movie. After 13 years (the producers) agree with me. I love the backdrop. To me I want a character who symbolizes the anti-authoritarian. To go into the world of Japan with samurais is really fresh and different.

**Wolverine has to fight ninjas and samurai, not other mutants. What kinds of challenges does that give him?**

What's really cool is the way they fight and the values, not just the training. It's not just physical — it's a control of the mind. I think to *Wolverine*, who is instinctive and animalistic and emotional, he just doesn't think things through. It's not like he's fighting mutants. He's fighting humans.

**This is more stripped-down and darker than the first solo Wolverine film.**

It is darker and I think it should be. Even in the storyline it's a bit of a rebirth of the character. That character really is incredibly tense; he is darker. If there ever is an argument for an R-rated comic book movie it is probably *Wolverine*. We did actually discuss that.

**You seem like a nice guy. And you often play nice, more exuberant characters than Wolverine, who broods and hates everybody.**

Acting always allows me to kind of explore other parts of myself and the human condition. *Wolverine* is something difficult for me to get back into because I've been playing him on and off for 13 years. James (Mangold, the director) was on me about being deep and more restrained and really highlighting the moment before he blows his top and then when he blows his top we earn it.

**You were known for musicals, like *Oklahoma!*, before you got the role in the very first X-Men. How did they come to choose you?**

It was the luckiest thing that ever happened to me. Seven months before I really got brought in, someone else got the part and finally when things fell through for (Dougray) Scott, who was cast in another film. ... It just so happened that I was in L.A. that week. It was a lot of the skies certainly aligning.

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Jared Leto ALL IMAGES GETTY

## Leto lets us in on his troubled, drug-fuelled past

It turns out Jared Leto's own teenage years were a lot more dramatic than what he played on *My So-Called Life*. In a Letter to my Younger Self for the U.K.'s *Big Issue*, Leto admits to a pretty rocky adolescence. "If I met the teenage Jared now the first thing I'd notice would probably be that my wallet was missing," he writes. "I was in trouble quite a bit with the authorities, any person who

made rules or the law. Probably a lot of my behaviour was related to doing drugs." Leto even cops to considering some different career paths. "I was at a crossroads in life when I was 16," he admits. "I didn't know I was going to be an actor. I thought it might be an artist or a painter. Or maybe a drug dealer. But I didn't know which path I would take. It's just fortunate that I chose one over the other."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## The Word



## Bynes being held after fire incident in California

Amanda Bynes' return to California went south pretty fast, with the troubled actress detained by police and put on a 72-hour psychiatric hold after reportedly trespassing and setting a small fire on a neighbour's property, according to police reports obtained by TMZ. "I see this girl with her pant leg on fire and a gas can trailing fire through the driveway," local resident Andrew Liverpool tells E!

News. "She put the fire out on her leg and was rushing over to her dog. I kicked the gas can over and moved it to the middle of the driveway so nothing else would catch on fire. I said, 'Are you OK?' She was kind of frantic and discombobulated." Bynes allegedly attempted to flee the scene in a taxi, with police cars chasing after. The troubled actress returned to California because she "was unable to find any place to live in New York City because of her bizarre behaviour," a source tells Radar Online. "No one would rent an apartment to her. She does own a house in Calabasas. It's unclear how she got to California from New York."

## Twitter



@lenadunham

Makeup artist pointed to my pimple. Other makeup artist said "yeah, that's the one I was telling you about yesterday."



@rihanna

So I have to wait 'til August 5th to get the 2nd season of "Girls" on Apple TV????!!!! Whyyyyyyyyyyyyy?????



@JuddApatow

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Lisa Kudrow

## Kudrow urges all to forget about Friends the movie

Lisa Kudrow wants to be clear: There won't be a *Friends* movie, so please stop asking about it. "I knew there wasn't ever a movie. There was never a *Friends* movie. Ever. So I've always known it's not happening," she tells

CNN. "With this last rumour someone came up with a great graphic with the couch and it looked like a real teaser. And then someone came up with a fake story and got some publication to buy the lie that there was going to be a reunion. And I went, 'Wait a minute, was I not invited? Oh my God, maybe there is one and I wasn't asked to do it.' I even had a moment where I believed it because everything around it looked real. It was a good setup."

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# This trend's got staying power

If you follow beauty blogs and magazines, you may have noticed that primers are the new "must" makeup artists swear by. We test out five to see which can stand the heat and humidity

ROMINA MCGUINNESS  
Metro World News

## By Terry Hyaluronic Hydra-Primer

The press release says the formula will reduce enlarged pores. But after putting it on, mine still looked like gaping holes. The formula felt heavier than I expected, but it gets high marks for staying power. Twelve hours and a sweaty yoga class later, I still had a full face of makeup on. \$59, spacenk.com



## MAC Prep + Prime Skin Primer

Everything about this is shimmery — the packaging, tube and cream all contain glitter. So I expected this to give my skin a glow as well. No dice. But I liked that this primer made my skin feel smooth and oil free. However, it took me twice as long to wash my makeup off. \$29, maccosmetics.com



## Estée Lauder Illuminating Perfecting Primer

Is that a glow I see? This primer brightened up my face and anchored down my BB cream, stopping it from sliding off my face. The texture is thick, but not pore-cloggingly so, and the formula, which includes shea butter, made my skin feel softer than usual. But I could do without the mattifying effect, which was too powdery for my taste. \$32, esteeclauder.com



## Stila One Step Correct

This formula made my makeup look natural and healthy, leaving a dewy, smooth finish. And the colour correcting mousse managed to hide the stubborn red patches around my nose. Best of all, it lasted all day and I forgot I had anything on. \$36, stilacosmetics.com



## Benefit 'That Gal' Brightening Face Primer

I tried this on a bad skin day. I was looking a bit sallow. But after trying it on, my cheeks looked rosy. It also gave my skin a smooth surface, hiding my scars and minimizing the size of my pores. Come bedtime — even after I had washed my face — my skin hadn't lost its glow. \$29, benefitcosmetics.com



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# Do the chicken dance with mushrooms and a lettuce bowl

"(Lettuce Bowls with Shiitake Mushrooms and Hoisin Chicken are) a fast day version of a Chinese standard, and perhaps one for a day when you're feeling frilly and creative," writes Mimi Spencer in The FastDiet Cookbook. "You could add ... chopped water chestnuts for

extra crunch — they're barely a blip on the calorie radar."

1. Heat a wok and spray with oil. Add the ginger and garlic and stir-fry for 30 seconds.

2. Add the cabbage, carrot, mushrooms, and bean sprouts.

Stir-fry for 2 minutes, till the vegetables are just cooked but retain their bite. Season with pepper and add hoisin sauce.

3. Add the shredded chicken and toss to mix.

4. Place 2 or 3 iceberg lettuce

leaves in a wide-rimmed cup, making a bowl effect. Spoon the chicken mixture into the bowl and serve with a scatter of toasted sesame seeds. **ALL RECIPE TEXT COPYRIGHT © 2013 BY MIMI SPENCER LTD FROM THE FASTDIET COOKBOOK PUBLISHED BY ATRIA BOOKS, A DIVISION OF SIMON & SCHUSTER, INC.**

## Lettuce Bowls with Shiitake Mushrooms & Hoisin Chicken



This recipe is only 329 calories per serving. COPYRIGHT © 2013 BY ROMAS FOORD FROM THE FASTDIET COOKBOOK PUBLISHED BY ATRIA BOOKS, A DIVISION OF SIMON & SCHUSTER, INC.

### Ingredients

- Spray oil
- 1 tsp grated fresh ginger
- 1 tsp minced garlic
- 1/4 head Chinese cabbage, shredded
- 1 carrot, julienned
- Scant 2 oz (50 g) oyster mushrooms, chopped
- Scant 2 oz (50 g) shiitake mushrooms, stemmed and chopped
- Scant 2 oz (50 g) bean sprouts
- Ground white pepper
- 1 tbsp hoisin sauce
- 1 cooked chicken breast, shredded
- 2 or 3 iceberg lettuce leaves
- 1/2 tsp toasted sesame seeds

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## Dinner. 247-Calorie Chicken Puttanesca

1. Preheat the oven to 350 F. Heat the olive oil in a shallow, heavy casserole.

2. Add the anchovies and garlic and gently cook for 2 to 3 minutes, till the anchovies have melted but the garlic has not browned. Add the tomatoes, olives, and capers, turn down the heat, and simmer gently. Add the chicken thighs and stir.

3. Place lid on casserole and position on a middle shelf in the oven. Cook for 15 minutes.

4. Remove from the oven and give the chicken a good stir so it's well coated in the juices. Return to the oven, uncovered, and cook for 20 minutes more.

Allow to cool for a few minutes before stirring in the basil leaves. Taste for seasoning.

### Ingredients

- 1 tbsp extra virgin olive oil
- 20 anchovy fillets, drained (fewer for a milder flavor)
- 4 cloves garlic, coarsely chopped
- 1 lb 5 oz (600 g) cherry tomatoes
- 3 tbsp good-quality mixed marinated pitted olives
- 2 tbsp capers, rinsed/draind
- 12 skinless, boneless chicken thighs
- Leaves from bunch basil
- Salt and pepper

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The new book, The FastDiet Cookbook, which was written by Mimi Spencer with Dr. Sarah Schenker, boasts 150 carefully crafted, nutritious, low-calorie recipes that range from simple breakfast to suppers. **METRO**

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## Cleaning techniques

### Housekeeping myth: cleaning piano keys with toothpaste



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I have no idea who came up with this idea but I recently read an article on housekeeping that suggested "rubbing each piano key carefully with a damp cotton swab and a dollop of toothpaste. Wipe, dry and buff with a clean cloth."

Well I must admit I thought this was the silliest thing I had ever heard of. Toothpaste is abrasive and can damage the piano keys.

So to investigate I called Alex Hahn, whose stepmother coincidentally was my Grade 7 English teacher, to help me with this myth. Alex agreed with me that toothpaste sounded too abrasive and did not recommend such a technique.



**Do you take your piano to the dentist? Then don't clean it with toothpaste.**  
ISTOCK IMAGES

So here is where the real lesson for me began. Alex asked me "what kind of dirt are we taking about, surface dirt or yellowing of the piano keys?"

Well what a fantastic question, neither of which I had even thought of. So if we are only talking about regular surface dirt from playing the piano, then either a solution of 50/50 of vinegar and water or warm water with a drop of PH neutral dish soap

with a cotton cloth is all you need.

If the keys are yellowing than Alex suggested direct sunlight as one method that can work.

If the piano is being restored, a professional can very lightly sand and buff the keys back to a beautiful sheen.

So there you go, toothpaste for your teeth and vinegar and water for your piano!





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# Summer DIY: High expectations, low budgets

LINDA CLARKE  
Metro World News

Summer is prime time to get around to those home improvement projects we've been putting off all year, but many of us have had to further delay getting to work because of a tight budget.

Luckily, Danny Ruby of Refine Construction has good news for those of us with both light wallets and light fixtures that need repairs.

The Massachusetts-based builder says that there are many ways to save money and still achieve a first-class finish that you'll love to live with and will add value to the property when it comes time to sell.

Metro asked Ruby for money-saving tips for your next home improvement project for your home's most lived-in rooms.

## The kitchen

Buy ready-to-assemble cabinets and put them together yourself. Also, check online for better deals than you may find in stores; this goes for most other items, including lighting and fixtures. Granite holds up well and adds value to a home, but it can be a bit pricey. Dark granites are often cheaper than the lighter shades, so start there and shop around. Really, you can find the exact same piece of granite at different stores for very different prices.



## The bathroom

Don't forget the power of paint. Update an area quickly by adding a new, fresh colour to the walls or a piece of furniture. In a bathroom, an old vanity doesn't always have to be replaced, sometimes it can be painted and end up looking brand new. Don't move plumbing, as it adds cost very quickly. You can easily update a kitchen or bathroom without touching the actual plumbing, like sinks and tubs.



## The bedroom

Consider installing ceiling fans instead of central light fixtures. It will help keep you cool over the summer. Put your money toward something that will have added benefit later by cutting down on AC costs. Things like trims and mouldings can make a huge difference in the final product. Remember, the thicker the moulding, the more expensive it is. Your best bet is to go with a smaller moulding. It will still add character and class to the room without breaking the bank.



## Rolling out

### Toilet paper too dull?

Beyoncé reportedly asked that all bathrooms be stocked with red toilet paper during her Mrs. Carter world tour. Is she a demanding diva? Or just fashionable.

There isn't a lot of choice when it comes to the world of toilet paper — especially from a decor perspective. But this summer, Renova — a European paper company — is making its North American debut, rolling out

its line of coloured paper products in Loblaws, Metro and Walmart.

Options include fuchsia, green, blue, purple, orange, red and black three-ply toilet paper. The rolls also have a light scent and touch of moisturizing lotion. Pop on a roll when you're hosting a party, staging your home, or just trying to brighten the room.

The company says the rolls are eco-friendly and dermatologically tested. They also sell scented pocket tissues, colourful paper serviettes and animal-print toilet paper for kids. **METRO**



Add some orange toilet paper and brighten up the room. HANDOUT



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# Quit playin' games with your lawn: learn to landscape

## DIY ideas.

Landscaping can be a big investment, so it's important to determine what's right for your yard before making any final decisions

Plan for your next landscaping project with eight essential tips from Yardcore on DIY Network Canada.

### 1) Set a boundary

It's important to define a border between your lawn and your garden using edging.

This can be for esthetic purposes, as well as to keep grass from creeping into your flower beds.

There are multiple options for edging when it comes to material and price, including a cheaper plastic or a more expensive steel or stone.

### 2) Water it down

It's crucial to make sure your lawn gets enough water dur-

ing hot summer months.

Many simple irrigation systems include a timer feature that allows you to schedule when your lawn should be watered.

### 3) Keep it healthy

Mulch is a protective covering that not only enhances the decor of your landscape, but also helps to maintain and enrich the soil by preventing the evaporation of moisture, controlling weeds and stabilizing soil temperatures.

### 4) Quality soil

Investing in higher quality soil from the beginning makes it more likely for your plants to grow well and can prevent you from having to replace a cheaper option if the roots of your plant can't penetrate the soil.

### 5) Drain away

Spread a layer of soil in places where the ground is lower than usual in your planting space.

This will help even out the soil and improve drainage.

### 6) Under the sun

## Keep a budget

- Landscaping can become an expensive undertaking. By keeping a budget and planning your projects before you execute, you'll be able to determine what the best investments will be for your landscaping needs.

Consider the amount of sunlight your plants will receive when choosing what to plant and the location.

If your plants receive too little light, they won't thrive. On the other hand, if they receive too much light they may burn.

### 7) Keep it well maintained

It's important to recognize how much time you are able to devote to maintenance of your yard.

Certain features such as a pool, wood deck or large vegetable garden require a great deal of upkeep to continue to look well-maintained.

YARDCORE AIRS THURSDAYS AT 10:30 P.M. ET/PT ON DIY NETWORK CANADA



Use the edging technique to set a boundary between your lawn and garden. Not only does it look good, but it will keep grass from creeping into your flower bed. iSTOCK IMAGES

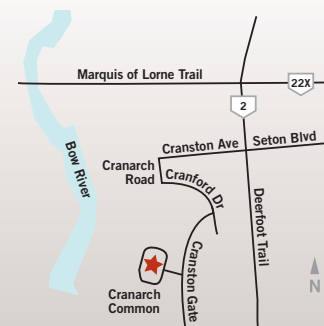
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# Plant hormones can help cuttings take root

**Gardening.** It's all in the auxins — whether in natural, powder or liquid form

Take a look at new shoots growing on a favourite shrub or vine and you'll see that the bases of these shoots may be beginning to toughen up, their once soft, green outer layer turning brown and woody.

Such shoots, snipped from the mother plants as so-called half-woody cuttings, can be rooted to make new plants.

Cuttings made from shoots still soft and green are called softwood cuttings. Those cut from thoroughly woody, leaf-

less shoots taken in winter are called hardwood cuttings.

Plant hormones, called auxins, play an important role in rooting any of these kinds of cuttings. Under natural conditions, auxins are produced in the buds and growing tips of plants, and are then carried down stems in decreasing concentrations. If you apply auxins directly to the bases of your cuttings, rooting can be hurried along, and you get an increase in the percentage of cuttings that root as well as the number and quality of roots that form.

## Powders to help you root

Natural auxins, once extracted from a plant, decompose too quickly to be of practical use. But we can still use auxins by

applying commercially available, synthetic ones, such as IBA and NAA, which are slower to degrade.

These synthetic rooting hormones are available either in liquid or powder form. Concentrations and combinations of auxins will vary with the manufacturer, with higher auxin concentrations generally used for more difficult-to-root species. Fungicides may

be added to prevent cuttings from rotting.

Apply a powdered rooting hormone by dipping the base of a cutting into the powder, tapping it to shake off excess, and then sliding the cutting into a hole without brushing off the powder. Because varying amounts of powder might adhere to a cutting, rooting response to powdered hormone preparations is less consistent

than it is to liquid ones.

Liquid rooting hormones also are more rapidly absorbed than powdered formulations. Merely soak the bases of cuttings in the liquid formulations. The soaking time required depends on the hormone concentration. Whether you use powders or liquids to promote rooting, pour only as much material as you need into a clean container, then

discard that portion after use. Eventually, the materials do deteriorate.

An easy way to test whether a material is still good to use is to snip a leaf from a tomato plant, treat its base, then poke the base into moist sand or potting soil. If the preparation is still good, abundant roots will have formed after a couple of weeks.

THE ASSOCIATED PRESS



A rooted softwood cutting. LEE REICH/THE ASSOCIATED PRESS

## Root cuttings

### Technique matters

You don't have to go out and buy rooting hormone to root cuttings. Before commercial, synthetic auxins became available, some savvy gardeners would help rooting along by soaking cuttings in water in which stems of willow, an easy-to-root plant, had previously been soaked.

And rooting hormones, whether from a package or from willow stems, are not essential in propagation, nor do they perform magic. No need to use them for propa-

gating willows, chrysanthemums and other species that are so easy to root. And don't waste your time trying to root stems from a mature apple or maple tree, or other plants that just do not root from conventional cuttings.

The ultimate size and vigour of a plant will be unaffected by whether or not hormones were applied during propagation. Rooting hormones also won't make up for poor propagation practices. You must still pay close attention to how you take a cutting, to the rooting medium you use, and to moisture, light and humidity.

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CFL

## Goltz gets chance to put Bombers back on track

Justin Goltz will make his first CFL start Friday night when the Winnipeg Blue Bombers host the Calgary Stampeders.

Goltz, in his fourth CFL season, took over for Buck Pierce in the second half of last week's 35-19 loss to Toronto, completing 13-of-15 passes for 170 yards.

THE CANADIAN PRESS



Justin Goltz will start against the Stampeders THE CANADIAN PRESS

CFL

## Tiger-Cats sign ex-Argo Isaac

Brandon Isaac wasn't unemployed long.

The veteran linebacker signed with the Hamilton Tiger-Cats on Wednesday, a day after being released by the Toronto Argonauts.

The signing of Isaac also comes a day after Hamilton released veteran linebacker Markeith Knowlton, the CFL's outstanding defensive player in 2010.

Hamilton also signed defensive back Emanuel Davis while releasing receiver Ouslet Volcy.

THE CANADIAN PRESS



Graham DeLaet is one of 18 Canucks in the field at the 2013 RBC Canadian Open at Glen Abbey Golf Club. DAVID COOPER/TORSTAR NEWS SERVICE

# Pressure on Canucks to end long drought

**Canadian Open.** Last homegrown talent to win tournament was Vancouver's Pat Fletcher in 1954

National opens always put pressure on the homegrown players, but the expectations are particularly high this week at Glen Abbey Golf Club in Oakville, Ont.

There are 18 Canadians in the field for the 2013 RBC Canadian Open — one of the largest home-country turnouts in

the modern history of the tournament — and they're all looking to end a 59-year drought. No Canadian has won the event since Pat Fletcher of Vancouver in 1954.

If anyone can understand the high expectations it's former Masters champion Mike Weir.

"There is that added feel and pressure, no question," the Brights Grove, Ont., native said Wednesday. "It can be a good thing though to get the crowd behind you," he added. "Get some momentum going, and you can feed off the crowd."

Weir is joined by fellow Ontarians David Hearn from

Brantford, Mackenzie Hughes from Dundas, Toronto's Albin Choi, Ottawa's Brad Fritsch, Peter Laws from Milton, Brian Hadley from Sarnia and amateur Corey Connors of Listowel.

British Columbia is also well represented with Abbotsford's Adam Hadwin, Victoria's Kevin Carrigan, Merritt's Roger Sloan, Comox's Riley Wheeldon, as well as North Vancouver's Bryn Parry and Eugene Wong and amateur Adam Svensson from Surrey in the field.

Calgary's Stephen Ames, Graham DeLaet of Weyburn, Sask., and Eric Banks of Truro, N.S., will also tee off Thursday on the 7,253-yard, par-72

course.

The added burden on the Canadians has not gone unnoticed by others in the 156-player field. Hunter Mahan, from Dallas, feels that Canadians are under more pressure to win the Canadian Open than Americans are to win the U.S. Open.

"I don't feel like there is a pride factor (in the U.S.) like there is in Canada," said Mahan.

"You know, when you have a drought that long, I think you have to start really wanting it and start hoping. It becomes a focus of everyone this week, so I think they have a great chance." THE CANADIAN PRESS

4 SPORTS

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# MacDonald aims to win the war



Rory MacDonald grounds and pounds Che Mills during their welterweight bout at UFC 145 on April 21, 2012 in Atlanta. MacDonald takes on Jake Ellenberger on Saturday in Seattle. GETTY IMAGES FILE

**UFC.** Ellenberger has gotten the better of Canadian fighter in pre-fight verbal sparring

Jake 'The Juggernaut' Ellenberger has clearly won the pre-fight war of words. But Canadian welterweight Rory 'Ares' MacDonald is confident he will dominate when it counts — Saturday night in the cage.

The charismatic Ellenberger has had a field day with the stone-faced MacDonald, using social media and chats with reporters to poke fun at his opponent.

"He has been invented by the media and sold to the fans like a new Justin Bieber song," Ellenberger offered in the buildup to their televised UFC fight at the KeyArena in Seattle.

"This is not a Tears For Fears lookalike contest," Ellenberger told a media conference call.

"Rory: Welcome to 'Chez' Ellenberger". Tonight's special is CANVAS SANDWICHES served FACE DOWN. Bon' appetit," read one memorable

Ellenberger tweet.

"Rory MacDonald: somebody who's been broken more times than the weekend curfew at the dorms at Vassar," read another tweet.

"McDummy. Bad News: Fighting Me. Good News: Handicapped Parking," read another.

"Which round is Rory getting melted? #YouChoose #UFC-ConFox8," Ellenberger said, upping the ante.

That got MacDonald's attention, promoting him to fire back on Twitter: "4some1 with such a week jaw u sure use it alot 2 talk s-t when ur done buildin ur self up ill b there 2send u back 2reality."

"McDummy," Ellenberger tweeted back. "Unless you are using a unit of time as an adjective, the word is 'weak', not 'week', Stupid."

The fact MacDonald broke down and responded was exactly the reaction Ellenberger was after.

"Every quick decision, especially in social media, is based emotionally," said Ellenberger. "I think it's funny, I do it for laughs. And he reacted the way

## Welterweight rankings

The fight between Jake Ellenberger and Rory MacDonald has implications in the 170-pound division currently ruled by Georges St-Pierre, who shares a gym with MacDonald in Montreal.

- MacDonald is currently ranked third among welterweights with Ellenberger fourth.
- GSP meets the No. 1 contender, Johnny Hendricks, in November. And No. 2 Carlos Condit faces No. 7 Martin Kampman on Aug. 28.

I assumed he would. For me, I don't take anything personally. Anybody can say anything about me. And what they think about me, I could care less."

MacDonald, a native of Kelowna, B.C., says he has no regrets about jumping into the fray. "It's fun to give your opinion back. It gets people excited for the fight." **THE CANADIAN PRESS**

## Murder case

### Hernandez's probable-cause hearing delayed

A judge on Wednesday gave prosecutors more time to present evidence to a grand jury in their murder case against former New England Patriots tight end Aaron Hernandez.

Hernandez was in court for what was supposed to be a probable-cause hearing, but prosecutors said the grand jury is still considering the evidence against him.

Judge Daniel O'Shea considered defence objections to a delay but decided to reschedule the hearing for Aug. 22. Hernandez will continue to be held without bail until then. Hernandez has pleaded not guilty to murder in the death of Odin Lloyd, a 27-year-old Boston semi-professional football player whose body was found June 17 in an industrial park near Hernandez's home.

THE ASSOCIATED PRESS

## Volleyball. Hoag-led Canadian men's team not an overnight success

It may seem like the Canadian men's volleyball team is just another overnight success after a recent upset over powerhouse Russia.

In fact, it's a success story seven years in the making.

And the man who built the foundation is coach Glenn Hoag, who has guided the team since 2006.

Volleyball isn't a sport that gets a lot of attention in Canada, although that may change if the national team keeps developing and winning more.

But University of Winnipeg volleyball coach Larry McKay says outside of Canada, people know who Glenn Hoag is and they respect him. The national volleyball training centre was based in Winnipeg until it moved to Gatineau in 2009.

"In Europe, they think he's one of the best coaches in the world," says McKay, who adds that it's a sentiment Hoag's players share.

"He's a guy that's incredibly passionate about what he's doing," says attacker Justin Duff of Winnipeg.

A key to Hoag's plan to revitalize the national team was re-establishing the national training centre, after a decade



Glenn Hoag THE CANADIAN PRESS FILE

when university players moved directly to international play.

Duff says that alone is huge. It gives Canada's players the training they need to cope with teams from countries where you can turn pro at 17 or 18 and play full-time.

But the rest of the story comes from what Hoag learned through years playing and coaching professionally in Europe — the way to succeed is basically to sweat the details.

"Establish systems and get the players to (understand) these are their references," he says. "By establishing these systems, I established a training philosophy around (them)."

THE CANADIAN PRESS

## MLB

### AMERICAN LEAGUE

#### EAST DIVISION

	W	L	Pct	GB
Boston	61	42	.592	—
Tampa Bay	60	42	.588	1/2
Baltimore	57	45	.559	3 1/2
New York	53	48	.525	7
Toronto	45	55	.450	14 1/2

#### CENTRAL DIVISION

	W	L	Pct	GB
Detroit	56	44	.560	—
Cleveland	53	48	.525	3 1/2
Kansas City	47	51	.480	8
Minnesota	43	55	.439	12
Chicago	39	59	.398	16

#### WEST DIVISION

	W	L	Pct	GB
Oakland	59	42	.584	—
Texas	56	45	.554	3
Seattle	48	53	.475	11
Los Angeles	47	52	.475	11
Houston	34	66	.340	24 1/2

#### Wednesday's results

Oakland 4 Houston 3  
L.A. Angels 1 Minnesota 0  
Cleveland 10 Seattle 1  
L.A. Dodgers 8 Toronto 3 (10)  
Tampa Bay 5 Boston 1  
Texas 3 N.Y. Yankees 1  
Kansas City 4 Baltimore 3  
Detroit 6 Chicago White Sox 2

#### Tuesday's results

L.A. Dodgers 10 Toronto 9  
Boston 6 Tampa Bay 2  
N.Y. Yankees 5 Texas 4  
Kansas City 3 Baltimore 2  
Detroit 6 Chicago White Sox 2  
Houston 5 Oakland 4  
Minnesota 10 L.A. Angels 3 (10)  
Seattle 4 Cleveland 3

**Thursday's games — All times Eastern**  
N.Y. Yankees (Kuroda 9-6) at Texas (Holland 8-5), 2:05 p.m.  
Detroit (Verlander 10-7) at Chicago White Sox (Peavy 7-4), 2:10 p.m.  
Houston (Bedard 3-7) at Toronto (Buehrle 5-7), 7:07 p.m.

Tampa Bay (Hellickson 9-3) at Boston (Lackey 7-7), 7:10 p.m.  
Baltimore (Gonzalez 8-3) at Kansas City (Guthrie 9-7), 8:10 p.m.  
L.A. Angels (Wilson 10-6) at Oakland (Straily 6-3), 10:05 p.m.  
Minnesota (Correa 7-6) at Seattle (Iwakuma 9-4), 10:10 p.m.

### NATIONAL LEAGUE

#### EAST DIVISION

	W	L	Pct	GB
Atlanta	57	44	.564	—
Philadelphia	49	51	.490	7 1/2
Washington	48	53	.475	9
New York	44	53	.454	11
Miami	37	61	.378	18 1/2

#### CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	60	37	.619	—
Pittsburgh	60	39	.606	1
Cincinnati	57	44	.564	5 1/2
Chicago	44	54	.449	16 1/2
Milwaukee	42	58	.420	19 1/2

#### WEST DIVISION

	W	L	Pct	GB
Los Angeles	53	47	.530	—
Arizona	52	48	.520	1
Colorado	48	53	.475	5 1/2
San Francisco	46	54	.460	7
San Diego	45	57	.441	9

#### Wednesday's results

Pittsburgh 4 Washington 2  
Atlanta 8 N.Y. Mets 2  
Milwaukee 3 San Diego 1  
Philadelphia at St. Louis  
Miami at Colorado  
Chicago Cubs at Arizona  
Cincinnati at San Francisco

#### Tuesday's results

Cincinnati 9 San Francisco 3  
Pittsburgh 5 Washington 1  
N.Y. Mets 4 Atlanta 1  
San Diego 6 Milwaukee 2  
St. Louis 4 Philadelphia 1  
Miami 4 Colorado 2  
Arizona 10 Chicago Cubs 4  
San Francisco 5 Cincinnati 3

**Thursday's games — All times Eastern**  
Atlanta (Wood 0-2) at N.Y. Mets (Wheeler 6-1), 12:10 p.m.  
Pittsburgh (Burnett 4-7) at Washington (Gonzalez 7-3), 12:35 p.m.  
San Diego (Volquez 7-8) at Milwaukee (Gallardo 8-8), 2:10 p.m.

Miami (Eovaldi 2-1) at Colorado (Nicasio 6-4), 3:10 p.m.  
Philadelphia (Kendrick 9-6) at St. Louis (Lynn 11-5), 7:15 p.m.  
Chicago Cubs (Villanueva 2-6) at Arizona (Miley 6-8), 9:40 p.m.  
Cincinnati (Latos 9-3) at L.A. Dodgers (Greinke 8-2), 10:10 p.m.

## CFL

### EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	4	2	2	0	118	116	4
Montreal	4	1	3	0	90	112	2
Hamilton	4	1	3	0	79	126	2
Winnipeg	4	1	3	0	91	109	2

### WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Saskatchewan	4	4	0	0	151	67	8
Calgary	4	3	1	0	125	109	6
B.C.	4	3	1	0	104	84	6
Edmonton	4	1	3	0	72	107	2

### Thursday's game — All times Eastern

Edmonton at Montreal, 7:30 p.m.

### Friday's game

Calgary at Winnipeg, 8 p.m.

### Saturday's game

Saskatchewan at Hamilton, 7:30 p.m.

## MLS

### EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Kansas City	10	5	6	31	20	36
Montreal	9	5	5	31	29	32
New York	9	7	5	29	24	32
Philadelphia	8	6	7	32	30	31
Houston	8	6	5	22	19	29
New England	7	7	6	25	18	27
Chicago	7	9	3	23	25	23
Toronto FC	2	10	8	17	28	14
D.C. United	2	14	4	9	33	10

### WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Real Salt Lake	11	6	4	33	20	37
Portland	8	2	10	30	18	34
Los Angeles	10	8	3	32	25	33
Vancouver	9	6	5	33	28	32
FC Dallas	8	5	8	27	27	32
Colorado	8	7	7	26	24	31
Seattle	7	7	4	22	21	25
San Jose	6	9	6	21	32	24
Chivas USA	4	11	5	18	35	17

### Saturday's games — All Times Eastern

Columbus at Toronto FC, 2 p.m.  
Philadelphia at Vancouver, 7 p.m.  
Real Salt Lake at New York, 7 p.m.  
Kansas City at Montreal, 7 p.m.  
New England at D.C., 7 p.m.  
Los Angeles at Colorado, 7 p.m.  
Chicago at Houston, 9 p.m.  
Portland at San Jose, 10:30 p.m.  
**Sunday's game**  
Chivas USA at Seattle, 11 p.m.



## Horoscopes

### Aries

March 21 - April 20

If you approach a difficult task with confidence today, you will do an excellent job of it and impress a lot of people. But don't go over the top and go around shouting what a winner you are. Be modest.

### Taurus

April 21 - May 21

There are some annoying people out there and you must promise yourself that, whatever the provocation, you won't lose your cool. If you do, you may lose other things too.

### Gemini

May 22 - June 21

Your ideas may be good but you need to find ways to make them pay. It shouldn't be difficult but bear in mind: some people will be negative, no matter how much you achieve.

### Cancer

June 22 - July 23

Be extra careful with your cash, investments and other commercial interests today. Most importantly, don't let anyone push you into signing something you are not 100 per cent sure about. Just say "no".

### Leo

July 24 - Aug. 23

You may think you can force others to go along with your plans, but it's not the best strategy. If they don't want to accompany you on your journey, they would be a liability anyway.

### Virgo

Aug. 24 - Sept. 23

Turn your back on the past and move into the bright future that awaits you. You can't do it all at once, but you must be serious about it. There have been far too many false starts.

### Libra

Sept. 24 - Oct. 23

Everyone you meet seems determined to point out where you've been going wrong. But you don't have to agree with them. Smile sweetly, nod in agreement then carry on doing what you're doing.

### Scorpio

Oct. 24 - Nov. 22

You may be bored and looking to inject excitement into your life but don't go too far and annoy people on whom you may depend. That is especially important on the work front.

### Sagittarius

Nov. 23 - Dec. 21

The message of the stars today is that you should keep your head and not try to impose your will on others. However big and tough a Sag you may be, there is always someone bigger and tougher out there.

### Capricorn

Dec. 22 - Jan. 20

It's not like you to make a drama out of a crisis but the cosmic picture is making it hard to see anything but problems. Think positive and circumstances will improve.

### Aquarius

Jan. 21 - Feb. 19

Someone may be acting selfishly but there is no need to provoke a fight. That could be exactly what they are hoping for as they need to take their aggression out on someone.

### Pisces

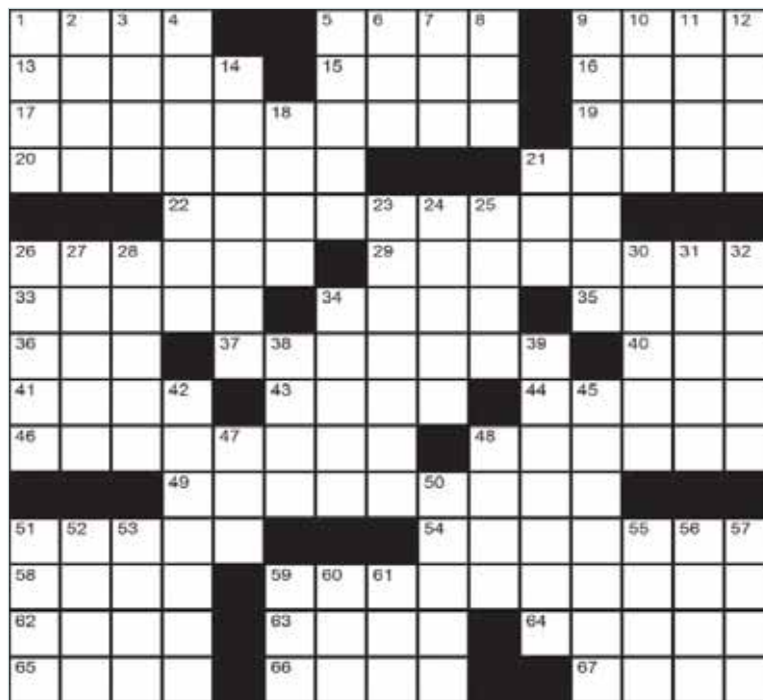
Feb. 20 - March 20

The answers you get depend on the questions you ask and if you ask intelligent questions about your life and the direction it is moving, you will get all the answers you need today. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

1. Coliseum, e.g.
5. Part of BYOB
9. Exchange
13. Tropical tubers
15. Approximately: 2 wds.
16. Roll Call list-ee's response
17. Swimming style, quite literally
19. Largest continent
20. "Forget it!", colloquially: 2 wds.
21. Go in
22. Person-on-a-pulley fun
26. Central Alberta town
29. \_\_\_ General of Canada
33. Clan on "Dallas"
34. Mr. Gooding Jr.
35. "Able was \_\_\_." (Palindrome start)
36. Carried out
37. Pushes beyond the limits
40. Eliminate
41. Lettered-land 'til 1991
43. Phyllis Diller's husband's name from her stand-up act
44. Skin care company
46. CFB \_\_\_, in Ontario
48. Committees
49. War of 1812 vessels: 2 wds.
51. "Rock You" Canadian hard rock band
54. \_\_\_ name (Alias)
58. Herman Melville



### Down

2. Egyptian sun god, variantly
3. Kind of shark
4. Advantages
6. Mythical monster
7. Miley Cyrus song: "Party in the \_\_\_."
8. Plunder
9. "Remember (Walking in the Sand)" by The \_\_\_-Las
10. The \_\_\_ Coast
11. India. \_\_\_ (Singer/songwriter)
12. Seckel is a sort
14. Orchestra section
18. Seven: French
21. Compass point
23. Some lizards
24. "It's \_\_\_ deal." (Don't worry about it)
25. Drooling dogs experimenter, \_\_\_ Pavlov
26. Resulted in, \_\_\_ to
27. "Is that such \_\_\_ idea?"
28. Centre point
30. Chutzpah
31. Bay window
32. \_\_\_ a beet
34. The Pretenders album: 'Learning to \_\_\_'
38. Pan brand
39. Awakes with smelling salts, perhaps: 2 wds.
42. Fixed food portions
45. Underwriter
47. Candle's content
48. Cousin of "Pshaw!"
50. International Court of Justice site, The \_\_\_
51. Ms. Kotb, Kathie Lee Gifford's daytime chat co-host
52. Radiate
53. Rug-making apparatus
55. Service on Sunday
56. 1999 Matthew McConaughey movie
57. Shallow's opposite
59. Actor, Stephen \_\_\_
60. Li'l job
61. Pot

## Yesterday's Crossword

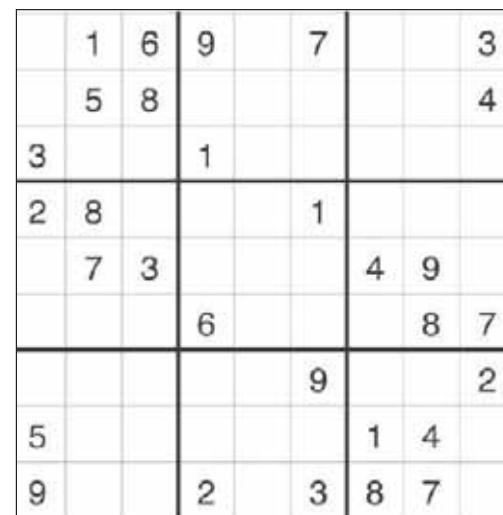


## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



## Weather

### TODAY



MAX: 18°  
MIN: 13°

### FRIDAY



MAX: 24°  
MIN: 11°

### SATURDAY



MAX: 20°  
MIN: 11°



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